



Celebrating  
the life of  
**DAVID  
BOWIE**

metroLIFE  
metroVIEWS

# Winnipeg metr

**CANADIAN MAN FREED  
FROM TALIBAN**  
metroNEWS



Your essential daily news

TUESDAY, JANUARY 12, 2016

High -20°C/Low -24°C Sunny



Stephanie Voyce is part of  
the initiative to get public art  
in the lane behind Mountain  
Equipment Co-op.

BRAEDEN JONES/METRO

metroNEWS

## DOWNTOWN ALLEY BIZ to create gathering place in a side space

## \$1.6M to go to refugee plans

NEWCOMER SUPPORT

**Funds to  
go toward  
education,  
settlement**



**Braeden  
Jones**

Metro | Winnipeg

The Manitoba government announced new spending to enhance education support for newcomers to the province.

The \$1.6-million price tag includes \$750,000 for schools to receive and assess refugee students and \$450,000 to increase English as a second language resources.

Premier Greg Selinger said Monday the province is trying to work closely with schools and community partners "to ease (children's) transition into the classroom."

**254**

The number of  
government-assisted  
Syrian refugees in  
Manitoba

**\$3.5M**

The amount the province  
has committed in support  
of refugees since  
September

"(It's) an initial assessment to help (schools) get a precise idea of where (students) need to start to do well in school here," Selinger said. "Some will need to catch up ... but the whole point is to give an accurate idea of what support they need to succeed in our schools."

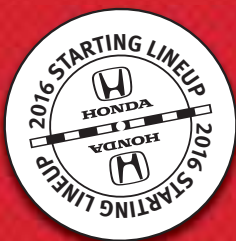
A further \$300,000 is going into the Intensive Newcomer Support Grant program for refugees and kids from war-torn countries and \$50,000 is for the Peaceful Village and Manitoba School improvement program.

Both the Newcomer Employment and Education Develop-

ment Services (NEEDS) centre and the Immigrant and Refugee Community Organization received \$25,000.

Matt Fast of NEEDS said the funds will "alleviate some of the many challenges youth face when integrating into a new school and a new society."

"Language barriers, interrupted schooling and feelings of isolation or not fitting in are just some of the many challenges newcomer youth are faced with," he said, adding for the more than 90 youth NEEDS assists, a little funding will go a long way.



LET US INTRODUCE YOU TO OUR 2016  
**STARTING LINE-UP**

204-888-2277 | birchwoodhondawest.ca

**Birchwood**  
HONDA WEST

**FIND SPECIAL  
LEASE OFFERS  
ON PAGE 8!**

# Open House

**Tuesday, February 16, 2016**

**11am - 2pm | 5pm - 8pm**

**Wednesday, February 17, 2016**

**9am - 2pm**

## Explore Your Options

Meet with faculty and students, explore labs and work spaces, and learn more about all that Red River College has to offer!

- Innovative programming
- Experienced, industry-trained instructors
- Flexible delivery options (in-class or online)
- Hands-on learning opportunities
- Over 200 full- and part-time degree, diploma and certificate options

**Notre Dame Campus | Exchange District Campus | Stevenson Campus**

**[rrc.ca/openhouse](http://rrc.ca/openhouse)**



## GENDER IDENTITY

### Marriage licences now transgender inclusive



Transgender Manitobans wanting to change their gender identity on marriage registrations have been unable to do so, until now.

The Manitoba government announced Monday that eligible applicants will be able to change sex designations on the official documents starting March 1, 2016.

Mike Tuthill, executive director of the Rainbow Resource Centre, called the rule change a "significant" step, adding that it's "good to know that the official steps or paperwork continue to be streamlined."

"We are pleased to see the province continue to move forward with changes the transgender community has been asking for," he added.

The province will also issue a "change of sex designation

certificate" to eligible residents born outside of Manitoba, if the individual is a Canadian citizen.

Minister Ron Lemieux said the new approach respects Manitoba's Human Rights Code and reflect consultations with stakeholders and health-care professionals. Lemieux said allowing changes on marriage registration is further implementing "changes identified by the transgender community."

Last year, the province eliminated the need for proof of surgery for transgender individuals to change birth documents.



**We are pleased to see the province continue to move forward with changes.**

Mike Tuthill

## IDENTIFICATION

### Province planning to combine licences, cards

The Manitoba government is planning to combine drivers' licences and health cards into an all-in-one identification card.

Health Minister Sharon Blady says by the fall of 2017, the combined card will integrate people's health identification numbers onto the back of driver's licences.

Anyone without a licence will be allowed to add health information to a provincial identification card.

Blady says the combined card will be more convenient and will use technology to prevent fraud and identity theft.

The announcement is one of many being made by the NDP government in advance of the April 19 election.

Under provincial law, most government announcements must stop 90 days before an election, and that will kick in Jan. 19.

THE CANADIAN PRESS

## City seeks a green light on two projects

### EXPROPRIATION

### Administration wants to go ahead despite inquiry, reports



City administration want to forge ahead with controversial plans to take land for two mega-capital projects, despite scathing reviews of how the expropriation process has been handled.

Two administrative reports headed to Tuesday's standing policy committee on property and development ask the committee not to endorse recommended changes to the current expropriation plans, as outlined by independent inquiry officer George Ulyatt.

An inquiry was held into the expropriation planned for the second phase of the rapid transit expansion and the Pembina Highway Underpass after 11 of 35 affected landowners objected.

A hearing was also called to determine whether plans to expropriate 6.7 hectares of what's known as the Parker Lands is "fair and reasonably necessary," in order to build a retention pond for a new drainage project that would provide flood relief in the Cockburn-Calrossie area.



The city's administration recommends not changing the city's plans for expropriating land for the second phase of rapid transit. HANDOUT

In terms of that project, Ulyatt wrote city officials, including former-acting chief operating officer Deepak Joshi, was "secretive, uncommunicative and non-consultative" with property developer Andrew Marquess.

Ulyatt said the city failed to prove expropriation was appropriate, but acknowledged the infrastructure upgrades are needed for the area and the city "ought to consider all other options and alternatives in light of circumstances concerning this proposed taking."

"It's one thing for an inquiry officer to say, 'Oh, just don't do this,' but there's a lot of public benefit



**We need to proceed with the rapid-transit project.**

Coun. Jenny Gerbasi

to having these combined sewers in place in terms of basement flooding," committee member Coun. Jenny Gerbasi said Monday. She added, "It is a pretty delicate subject to talk about because there could be legal issues."

City staff agree, saying that holding off on expropriating the

lands necessary for either the drainage project or rapid transit expansion would result in major construction delays.

For example, on the second phase of the rapid transit development Ulyatt criticizes that the city "failed to examine and pursue options," in terms of plans to take lands at 1833 Pembina Highway, and recommends alternative sites be explored.

"We need to proceed with the rapid transit project or it will cost massive amounts to revisit everything and I'm not sure that there's a justification for that based on what's in front of us," Gerbasi said.

## Your Plasma Donation is Needed



**PROMETIC**  
PLASMA RESOURCES INC.

**(204) 275-4630**  
137 Innovation Drive

Located in SmartPark near the University of Manitoba Fort Garry Campus

**DONATE PLASMA,  
SAVE LIVES**

Donors will be compensated for their time associated with making a donation



# Lots of controversy averted

FORT GARRY

## Proposal to split property denied by committee



**Stephanie Taylor**  
Metro | Winnipeg

The nearly 100 residents who publicly opposed a plan to divide a lot in their Fort Garry neighbourhood into two smaller properties have successfully won their appeal.

The issue was heard before Monday's appeals standing committee, with more than 40 residents in attendance.

Monday's committee heard from several speakers, who argued Dueck Homes' plans to split a single 60-foot lot at 933 Somerset Ave. into two 30-foot lots would set a new precedent and drastically alter the area's park-like atmosphere. The committee then found the proposal in violation of a bylaw that mandates certain subdivision lots must be at least 35 feet.



Residents were worried this lot would be split into two. GOOGLE MAPS

"We're very pleased (the decision) will protect the character of our neighbourhood," Kathryn Labiuk said later. "It was way too small for the neighbourhood."

However, during the hearing councillors Janice Lukes and Scott Gillingham both underlined the need for the

**"We're pleased it will protect the character of our neighbourhood."**

Kathryn Labiuk

city to develop an infill policy, which would set neighbourhood-specific guidelines for new developments in residential areas.

"Because we don't have an infill policy, it's very subjective," Lukes said of the appeals process.

City planner Mike Robinson

agreed, saying an infill policy would establish rules for determining what the appropriate lot sizes should be for an area, as well as what designs fit with existing developments.

He said staff are currently working to develop the policy and plan to head to public consultation in the spring.

## SEINE RIVER

### Pinkos running for NDP

Manitoba New Democrats have chosen a candidate to run in the seat held by a former cabinet minister who came close to unseating Premier Greg Selinger.

Lise Pinkos is unopposed for the NDP nomination in Seine River and is to be officially given the nod Jan. 24.

The seat is currently held by Theresa Oswald, who came within 33 votes of ousting Selinger at a party convention last March. Oswald announced in October she would not be running in the election April 19.

Pinkos is an assistant manager of learning for the Canadian Museum for Human Rights.

Pinkos will face Progressive Conservative candidate Janice Morley-Lecomte, a counsellor at a women's shelter, and Liberal Peter Chura, a former television news anchor.

Opinion polls suggest NDP support has plummeted since the government raised the provincial sales tax in 2013.

THE CANADIAN PRESS

# SIDEWALK

JANUARY

13

to

24

# SALE

MEET HERE. SHOP HERE.

**PORTAGE  
PLACE**

## CITY HALL

# Eadie suspension a 'witch hunt': Wyatt



**Stephanie Taylor**  
Metro | Winnipeg

A Winnipeg councillor has branded the suspension of a colleague from the city's police board as a McCarthy-style witch hunt.

Russ Wyatt raised the issue during Monday's protection, community services and parks meeting.

When speaking with reporters afterwards, Wyatt said because there are currently no charges made known against Coun. Ross Eadie over his behaviour during a drunken night last November, he questions the "end game" of Eadie's current suspension and ongoing inquiry into his actions.

"He has not been charged with breaking the law, he has publicly admitted that he made a mistake. He publicly apologized," Wyatt said.

"Right now, it strikes me as bit of a McCarthy witch hunt

that's going on, to be frank."

Last week, police board vice chairman Barry Tuckett confirmed Eadie was asked to refrain from participating in any board activities several days after an incident on Nov. 7.

That night, Eadie said, he passed out in the back of a taxi after drinking heavily, and when the driver was unable to wake him, police were called and he was taken to the drunk tank.

On Monday, Wyatt called into question the motive behind the suspension and reason it is still ongoing months after the original incident took place.

He pointed to one possible explanation being a difference in politics between Eadie and police board chairman Scott Gillingham, executive director Don Norquay, and mayor Brian Bowman.

"You've got (Eadie) in his crosshairs, why don't you see if you can pull the trigger? Maybe that's what this is about."



**Russ Wyatt** says Ross Eadie should not have been suspended from the police board. METRO FILE



The Downtown BIZ hopes to fill dreary back alleys such as this with people and dynamic, artistic concepts. BRAEDEN JONES/METRO

# Alley beautification pending approval

## COUNCIL

## Project would create public art spaces in back lanes



**Braeden Jones**  
Metro | Winnipeg

Stephanie Joyce thinks back alleys have kind of a bum rap — but she and Downtown Winnipeg BIZ plan to fix that with the Backlane Public Art Project.

"There is really an opportunity in the back lanes to do something," said Joyce, the

Downtown Winnipeg BIZ project manager for the concept. "We know there are thousands of people coming back from Jets games and other events, and these back lanes are being used ... so wouldn't it be great if it was a wonderful experience?"

The Backlane Public Art Project is meant to transform the lane behind Dollarama and Mountain Equipment Co-op (MEC), North of Portage Avenue with an art installation of some kind.

Launched during a back alley bash to celebrate the 103rd Grey Cup in Winnipeg, the national design competition is seeking submissions currently for "a piece of art or spatial develop-



**There is really an opportunity in the back lanes to do something.**

Stephanie Joyce

ment" to make the alley "dynamic" and "exciting."

The back alley bash was held in the same location — but it was gussied up with lighting, seating, vegetation and performers for the night.

Ken Berg, the store manager of the Portage Avenue MEC, said there was a good crowd, and "positive energy."

"People were excited to be in the space," he said. "Anything that makes the area more inviting for people ... is a positive thing for the area, and a positive thing for us as individual businesses."

The successful submission for the design contest — which opened Nov. 28 and closes March 31 — will receive a \$35,000 budget — \$5,000 of which is considered a bursary leaving \$30,000 to get the job done.

The Downtown Winnipeg BIZ will present a funding proposal to city council for \$20,000 of that budget Tuesday and is fundraising for the remainder within the business community.

RED RIVER COLLEGE

THE DIFFERENCE IS HERE

**Open House**

Tuesday, February 16, 2016  
11am - 2pm | 5pm - 8pm

Wednesday, February 17, 2016  
9am - 2pm

**Explore Your Options**

Meet with faculty and students, explore labs and work spaces, and learn more about all that Red River College has to offer!

[rrc.ca/openhouse](http://rrc.ca/openhouse)

**Feel protected with Rental Vehicle Insurance.**

Renting or borrowing a vehicle? Get the best financial protection at the lowest price.

Ask your Autopac agent about Rental Vehicle Insurance today.

**Manitoba Public Insurance**

# Hostage freed

COLIN RUTHERFORD

## Canadian released after being seized by Taliban in 2010

A Canadian man captured by the Taliban in 2010 has been freed.

Colin Rutherford was on a private vacation in Afghanistan when he was seized by the militant group in November of that year.

The last indication the Toronto man's family had that he was alive came in a 2011 video released by insurgents where he answered questions; an accompanying email accused Rutherford, then 26, of being a spy.

In the video, Rutherford insisted he was not a spy and had travelled to Afghanistan to study historical sites, old buildings and shrines.

Foreign Affairs Minister Stephane Dion announced Rutherford's release in a brief statement, but did not explain what



Colin Rutherford FACEBOOK

steps were taken to secure his freedom — only that it involved the government of Qatar.

He says he was "very pleased" that efforts undertaken to get him out proved successful.

"We look forward to Mr. Rutherford being able to return to Canada and reunite with his family and loved ones," Dion said.

Rutherford was working as an auditor with the Canadian Circulations Audit Board in Toronto when he went on vacation to Afghanistan in 2010.

"This is great news," said Tim Peel, the company's vice-

president said in an email. "We wish him a safe and speedy return and would like to thank all the parties involved in securing his freedom."

Peel did not respond to questions about whether Rutherford's job still exists.

The involvement of Qatar in Rutherford's release is not entirely surprising. The Persian Gulf country has at times quietly played mediator between western governments and the Taliban — even helping to facilitate peace negotiations between governments in Kabul and the hardline insurgency.

Whether any ransom was paid remains an important question.

In securing the release of Canadian diplomats Bob Fowler and Louis Guay from the clutches of al-Qaida's North African branch in 2009, the previous Conservative government denied making any payment. But an al-Qaida letter to the original kidnappers, obtained by The Associated Press in northern Mali in 2013, said it received \$1 million for the pair.

THE CANADIAN PRESS



**1 Pediatric surgeons learning hands-on**  
Doctors from all over the world did a hands-on surgical training for congenital heart disease surgery with 3D print models.

**2 Performing the complex procedure**  
The Norwood Procedure is performed on a 3D model of a newborn heart with hypoplastic left heart syndrome at the Hospital for Sick Children, in Toronto, on Thursday.

**3 Heart-to-heart**  
Dr. Shi-Joon Yoo, a cardiac radiologist at SickKids who produced the hearts.

ALL PHOTOS NATHAN DENETTE/  
THE CANADIAN PRESS

## PEDIATRICS

## 3D-printed hearts help surgeons

The pediatric surgeons hover over a tiny heart, gently retracting delicate inner structures and attaching a graft with impossibly intricate stitches to repair a congenital defect that would mean certain death within days of birth.

But this heart isn't inside the chest cavity of a newborn; it's a 3D-printed model being used at Sick Kids Hospital in Toronto to train cardiac surgeons from around the world in some of the most complex operations they will ever perform during their careers.

About a dozen trainees — from Canada and such coun-

**“This is a good way to practise it when the consequences are not dire.”**

Dr. Glen Van Arsdell

tries as Norway, Oman, Mexico and the United States — have come to watch master surgeons demonstrate the highly complicated techniques used to repair a number of congenital heart abnormalities and to safely practise those skills on models of their own.

Three-dimensional copies have been created of five hearts from real infants with cardiac anomalies using a high-tech 3D-printer, which almost perfectly reproduces the organ's structure using a photopolymer resin, based on sophisticated MRI and CT imaging.

"Each of the models represents a very specific form of disease that is very different," says Dr. Glen Van Arsdell, chief of cardiovascular surgery at Sick Kids. "I can look at the model and tell you what the diagnosis is."

The 3D-printed hearts were produced by Dr. Shi-Joon Yoo, a cardiac radiologist at the hospital.

THE CANADIAN PRESS

## IMMIGRATION

## Syrian refugee count approaching 10,000

Tuesday could be the day that the influx of Syrian refugees hits the 10,000 mark, but resettlement groups are now looking far beyond that milestone.

Flight arrival data on the Immigration Department's website suggests the 10,000th Syrian will arrive on one of two flights bound for Toronto on Tuesday, though the department could not confirm that number.

7,671

Number of  
Syrians that had  
arrived in  
Canada as of  
Jan. 7.

What's unclear is how many more privately sponsored refugees will be accepted after the end of February.

There are upward of 200 applications a week being submitted by private groups looking to sponsor

Syrians, said Chris Friesen, the president of the Canadian Immigration Settlement Sector Alliance. THE CANADIAN PRESS

## IN BRIEF

### Detain immigrant children as last resort: Red Cross

Canada should lock up child immigrants only as a "last resort" and must find alternatives to detention for such vulnerable newcomers, the Red Cross says in its latest confidential inspection report.

Many of the humanitarian organization's findings remain "largely undressed," with some requiring "urgent attention," says the report. It also called for an to the practice of holding detainees in provincial jails. THE CANADIAN PRESS

## MISSING AND MURDERED WOMEN

## Yukon a first stop for pre-inquiry

Families of missing and murdered indigenous women in Yukon are meeting privately with federal Indigenous Affairs Minister Carolyn Bennett in Whitehorse.

The gathering is part of

preliminary meetings held across the country by Bennett prior to the launch of a national inquiry into missing women.

Kwanlin Dun First Nation Chief Doris Bill is pleased that

Yukon is one of the first stops in the pre-inquiry process and says families are anxious to speak directly with the minister and share their views on the shape of a national inquiry. THE CANADIAN PRESS

# FAST DENTURES

## FULL SERVICE DENTURE CLINIC



Room 702 Boyd Medical Centre (388 Portage Ave.)

204-947-1807

metro

Tell us  
how you  
really  
feel.

Join our online reader panel and  
help make your Metro even better.  
Text 'metro' to 236-237-1740

### FACTORY DIRECT CUSTOM ORTHOTICS

Your complete assessment will be provided by  
a Canadian Certified Pedorthist. Recoverable  
under most private insuring firms.

WHY PAY MORE WHEN YOU CAN GET IT FACTORY DIRECT!

CALL TODAY

Old St. Vital - 75 St. Anne's Road - 204-254-8600  
Charleswood - 5120 Roblin Blvd. - 204-783-3668

Visit us online at: Orthodirect.ca  
Manitobans working for Manitoba

ONLY  
149



Protesters opposing the PEGIDA movement (Patriotic Europeans Against the Islamization of the Occident) attend a counter rally in Leipzig Monday. Public anger runs high over the Cologne assaults. AFP/GETTY IMAGES

## MIGRANTS

## Don't seek revenge: Germany

A string of attacks on women in Cologne on New Year's Eve blamed largely on foreigners was "intolerable," Chancellor Angela Merkel's spokesman said Monday, but added nothing excuses retaliatory assaults on immigrants.

Merkel has proposed making it easier to deport immigrants involved in crimes. But after Cologne police said a group of Pakistanis and a Syrian were attacked in the city on Sunday, Steffen Seibert said Germans must not blame all the nearly 1.1 million migrants who entered the country last year, and said the government is also focused on their welfare.

"We're doing all of these things to protect the population in Germany," he said. "We

**There is no justification for ... agitation against foreigners.**

Justice Minister Heiko Maas

are also doing this for the great majority of innocent refugees who have sought refuge from bombs and war in our country."

The six Pakistani nationals were attacked Sunday by around 20 people, and two of them were briefly admitted to a hospital, police said. Also Sunday evening, five people attacked a Syrian man, who was injured but didn't need treatment.

The New Year's Eve assaults

stoked tensions over Germany's open-door policy to refugees and prompted politicians to call for tougher laws against migrants who commit crimes.

"As abominable as the crimes in Cologne and other cities were, one thing remains clear: there is no justification for blanket agitation against foreigners," Justice Minister Heiko Maas said.

Authorities and witnesses said the New Year's Eve attackers were among a group of about 1,000 people, described as predominantly Arab and North African men, who gathered at Cologne's central train station. Some broke off into small groups and groped and robbed women, police said.

THE ASSOCIATED PRESS

## MEXICO

## 'Nothin' to hide': Penn

Actor Sean Penn said he has "nothin' to hide," after images published Monday indicated he was under surveillance when he met with the Mexican actress who led him to Joaquin "El Chapo" Guzman — and the pair was apparently followed and photographed as they set out for the supposedly secret meeting with the drug lord.

Penn also dismissed criticism over his interview with the fugitive, who was captured Friday, a

day before Penn's 10,000-word story was published in Rolling Stone.



Sean Penn.

AFP/GETTY IMAGES FILE

Mexican officials said contacts between Guzman's lawyers and Penn and actress Kate del Castillo helped them track down the fugitive. His capture came six months after his dramatic escape through a mile-long tunnel he dug from his cell at the maximum-security Altiplano prison, west of Mexico City. He is back at the same prison. THE ASSOCIATED PRESS

# ISIL says it's behind Baghdad mall attack

## IRAQ

## At least 18 killed by bombs, guns

The Islamic State of Iraq and the Levant (ISIL) group claimed responsibility for the Baghdad mall attack that killed 18 people on Monday. Gunmen stormed into the Jawhara Mall after setting off a car bomb and launching a suicide attack at its entrance.

Iraqi officials say the attack, which lasted over an hour, killed at least 18 people and wounded 50 in the city's mainly Shiite east.

The ISIL statement, posted online shortly after the attack, said a car bomb and four ISIL fighters carried out the attack, targeting an area where many Shiite Muslims are known to gather and warned of "worse" to come. Iraqi officials say the attack was carried out by seven men, one of whom died when he detonated his explosive vest at the start of the attack. The conflicting accounts could not



People gather in front of targeted mall in Baghdad.

THE ASSOCIATED PRESS

immediately be reconciled.

Iraqi officials initially described the attack as a hostage situation, estimating that 50 people were trapped inside the complex. But Iraqi forces soon surrounded the building and landed troops on the roof. They clashed with the attackers inside, killing two of them, and arresting the other four.

At least four police officers were among those killed in the assault, according to police and medical officials, who spoke on condition of anonymity because they were not authorized to brief

reporters.

Following the attack, authorities shut down the city's highly fortified Green Zone, home to a number of foreign embassies and most of the country's political elite. A number of major roads, shopping malls and bridges around the Iraqi capital were also closed for fear of followup attacks.

Also on Monday evening, a car bomb in southeast Baghdad in a crowded market area killed five and wounded 12, according to hospital and police officials.

THE ASSOCIATED PRESS

# 5 FREE VISITS

Limited Time Offer!

Try the **Y**

Four locations to serve you

Downtown	Elmwood Kildonan	South	West Portage
301 Vaughan	454 Kimberly	5 Fermor	3550 Portage
204.947.3044	204.668.8140	204.233.3476	204.889.8052

[ywinnipeg.ca/TryTheY](http://ywinnipeg.ca/TryTheY)

5-day free trial pass offer ends January 31, 2016 and visits must be used by February 14, 2016. Pass expires 14 days from first visit. Limit one pass redemption per person per year. Visits do not need to be consecutive. Offer is available to anyone who is 16 years and older and has not had an active membership within the last 3 months. No cash value. Pass is non-transferable, non-refundable and not for resale. Excludes registered classes.

# Beef industry cuts gases

## ENVIRONMENT

### Results due to switching feed from grass to grains: Study

Canada's cattle industry is producing more beef with less greenhouse-gas emissions, says a new study.

Researchers at the University of Manitoba and Agriculture Canada found a 15 per cent reduction in methane emissions on a production basis between 1981 and 2011, and a 16 per cent cut in nitrous dioxide from manure.

The results were achieved partly by feeding cattle grain instead of grass and other forage when they are being fattened before slaughter, says the study published in the journal Animal Production Science.

"A lot of our efficiencies in Canada have to do with the use of grain in feedlot diets," Tim McAllister, a research scientist with Agriculture Canada, said Monday.

"They get more energy from

it and with less digestive problems."

Changes in management practices have allowed cattle to be sent for slaughter at a younger age, around 18 months, rather than 24 months in the past.

The study compared the cattle herd, the amount of land required for beef production and the change in greenhouse-gas emissions in the production of Canadian beef.

The results show the industry has become more efficient, with about 15 per cent less emissions overall.

"A significant reduction in GHG intensity over the past three decades occurred as a result of increased daily gain and slaughter weight, improved reproduction efficiency, reduced time to slaughter, increased crop yields and a shift toward high-grain diet that enabled cattle to be marketed at an earlier age," reads the study.

The beef industry accounts for 3.6 per cent of Canada's total greenhouse-gas emissions, a figure that hasn't changed much over the years, McAllister said.

Agriculture Canada once estimated that one lactating dairy cow produces a similar amount of greenhouse-gas emissions as a mid-sized vehicle driven 20,000 kilometres in one year.

The Canadian Cattle-men's Association hopes the study helps counter some of the criticism the beef industry has received over the years

about how it affects the environment.

Tom Lynch-Staunton, an association spokesman, said many producers have changed how they operate. "It tells us that our changes in management practices are actually having a positive impact," he said.

THE CANADIAN PRESS

## 20,000

Agriculture Canada once estimated a single lactating dairy cow produces a similar amount of greenhouse-gas emissions as a mid-sized car driven 20,000 km in one year.



Canadian cattle account for 3.6 per cent of the country's total greenhouse-gas emissions, according to a research scientist with Agriculture Canada. TORSTAR NEWS SERVICE FILE

## E-SPORTS

### Cineplex gets into gaming tournaments

Cineplex has launched its first national video-game tournament to help fill seats at its chain of theatres. The company is offering \$50,000 in prizes in one-on-one matchups of Call of Duty: Black Ops III. The tournament will begin Saturday with qualifying rounds to be played online, followed by matches at 24 theatres next month and a final event on March 6. Sony is the lead sponsor, and the competition will take place on PlayStation 4 consoles.

THE CANADIAN PRESS

## market minute

	<b>DOLLAR</b> 70.31¢ (-0.37¢)
	<b>TSX</b> 12,319.25 (-126.20)
	<b>OIL</b> \$31.41 US (-\$1.75)
	<b>GOLD</b> \$1,096.20 US (-\$1.70)

**NATURAL GAS:** \$2.396 US (-7.6¢)  
**DOW JONES:** 16,398.57 (+52.12)



## THE ALL-NEW CIVIC. GAME ON.



**HONDA**  
OFFICIAL VEHICLE OF THE NHL®



### 2016 HR-V LX FWD

STOCK #: RUSHGEX

LEASE FROM:

**\$68\* WEEKLY OR \$22,505**

@ 4.99% FOR 60 MONTHS WITH \$0 DOWN PAYMENT\*



### 2016 CIVIC LX

STOCK #: FC2E5GE

LEASE FROM:

**\$60\* WEEKLY OR \$20,605**

@ 3.99% FOR 60 MONTHS WITH \$0 DOWN PAYMENT\*



**BIRCHWOOD HONDA WEST**  
75-3965 Portage Avenue  
204-888-2277 birchwoodhondawest.ca



**HONDA**

All prices and payments are plus PST and GST. \*2016 lease payments of \$68/\$60 plus PST and GST at 4.99%/3.99% APR IBC and based on a price of \$22,505/\$20,605 leased over 60 months with a total lease obligation of \$17,880/\$15,600 plus taxes. 24,000 kilometres/year allowance with excess kilometres charged at \$0.12 per kilometre. Offer valid until January 31st, 2016. See Birchwood Honda West details. Dealer permit #5206. NHL Shield logo is a registered trademark of the National Hockey League. © 2016. All Rights Reserved.

## the big number

# \$55M

**That's the windfall David Bowie made by issuing "Bowie Bonds" tied to his future royalties in 1997.** The singer was ahead of his time not only when it came to music, gender expression and enormous pants, but also in terms of **securitization, the process of taking real-life assets and turning them into financial instruments.** Bowie Bonds let the artist raise money without selling the rights to his work or having to wait for royalties to roll in. People who bought in received a portion of the future sales of music from Bowie's 25-album, 21-year back catalogue over a 10-year period. The bonds paid a 7.9 per cent yield, and though they didn't perform as well as expected — the industry soon came under pressure from pirates — the idea caught on. Iron Maiden, James Brown and Rod Stewart got on the bond-issuing bandwagon. Soon securities promising future profits from everything from time-share loans to racehorse sperm flooded the market. (And subprime mortgages, too, though that's another story). Bowie had foreseen the ch-ch-ch-changes in the music business, telling the New York Times in 2002 that "The absolute transformation of everything that we ever thought about music will take place within 10 years ... just take advantage of these last few years because none of this is ever going to happen again." SOURCE: BLOOMBERG

## A bigger down payment is actually a good thing



**Diane Baker Mason**  
For Metro

It's a common misconception that buying a house is always a good investment.

This myth has been bolstered over the last decade by skyrocketing housing prices, with nearly frantic buyers borrowing disproportionate amounts of money in order to "enter the market," with

down payments of as little as five per cent.

Meanwhile, lenders — banks and trust companies — are happy to hand out money.

Why? Because they aren't the ones facing the risk, in the event of a crash. That risk is in the hands of the lenders' default insurers, including the crown corporation, Canada Mortgage and Housing Corporation — our corporation.

Mortgage default insurance has been around for decades, and is not in itself a bad thing. Ordinarily a bank, by law, is permitted to provide first mortgage financing only to buyers with a 20 per cent down payment. Even in a reasonable market, that puts home ownership out of reach for many.

But thanks to CMHC (and to two other private insurers), Canadians need to provide only a five-per-cent down payment, for homes valued up to

\$1 million.

This insurance protects the lender, not the borrower. Upon default, the insurance company pays the bank, then pursues the borrower. As for the premium (which can be as much as 3.85 per cent of the amount borrowed), it is added to the debt. On a \$500k loan, that's another 20 grand — which, on a loan of half a million dollars, doesn't seem like much.

But it is. This will be painfully apparent when interest rates eventually go up. Payments on these massive loans might be manageable at 2.5 per cent, but at five, six or 10, they'll be impossible.

The market will fill with houses that people have to sell, and houses mortgaged beyond their value will be unsellable. The defaulted loans will be enforced by the insurers — including the taxpayer-subsidized CMHC — which will take the hit for any loss.

Despite collecting premiums, CMHC has in the past been in a loss position when the real-estate market has crashed.

In order to cool the market without causing a crash, the federal government is introducing changes to the insured-mortgage rules effective Feb. 15, 2016, increasing the down payment to 10 per cent for the portion of a home value greater than \$500k. In a falling market, this minimal equity will quickly vanish.

Lenders hand out money at low rates, and we gobble it up, borrowing beyond our means to buy houses at inflated prices.

It's been quite the banquet. And if this banquet ends with a crash, even those of us who never borrowed a penny will be chipping in to pay the bill.

**Diane Baker Mason** is a Toronto-based novelist, writer and retired lawyer.

## ROSEMARY WESTWOOD

metroview



## The Bowie handbook for a crazy, creative, ever changing life

The first time I listened closely to David Bowie, I couldn't see the stars at all.

I was driving B.C.'s switch-back, two-lane Sea-to-Sky highway at night, while construction crews laboured to widen the roads. The looming spotlights and dust kicked up by heavy machines obscured everything around the car.

I couldn't see more than a dozen metres ahead, and it felt like navigating some robot-strewn future, listening to a mixtape of Bowie, who seemed to be singing from somewhere beyond this world.

One chord from Ziggy Stardust, and the picture appears: me, young and truly alone for the first time, trying to make something of myself in a strange town. Dust, lights and darkness.

Many others will tell you, better than I could, what David Bowie meant to fashion, to finance, to music, to ideas of gender. But his effect on our notions of who and what we could be — that it is his most revolutionary legacy.

The David Bowie handbook for living would include such points as: You don't need to pick an identity, as you are infinitely changeable. Feel free to wear pants as large as you like. Weird is sexy. Never take half-steps in make-believe. Don't worry about gender conformity. Don't worry about fluid sexuality. Be insanely productive.

Be insanely creative.

The foremost ideal he portrayed was freedom. Second was gall. Both made him very rich, which was undoubtedly part of the calculation, but his wealth doesn't lessen the message.

I never became an avowed fan. I can't list off all his alter egos in chronological order and match his elaborate outfits to his world tours. But you didn't have to be a fan to understand the way he ignored the rules. And there could have been no better soundtrack to that summer, driving the highway at night and dreaming of who I could be.

Bowie will be remembered as a genius of the level few could aspire to. But there's nothing stopping anyone from aspiring to his approach to life, if to less dazzling and lucrative ends.

"I thought he was a vampire! I thought he'd live forever!" one colleague quipped, after word broke that Bowie died of cancer.

Few knew he was sick. Few believed he could die. But you really can't avoid it — even if you're Bowie. Eventually, you run out of costume changes. There's no more time to contribute to the world. There is no more time for shape-shifting.

With whatever time you have, why hold back when you could more like Bowie?

**metro**  
Your essential daily news

STAR MEDIA GROUP PRESIDENT  
**John Cruickshank**

VICE PRESIDENT & EDITOR  
**Cathrin Bradbury**

VICE PRESIDENT & GROUP PUBLISHER  
METRO WESTERN CANADA  
**Steve Shroat**

MANAGING EDITOR WINNIPEG  
**Elisha Dacey**

ADVERTISER INQUIRIES  
adinfo@winipeg@metronews.ca  
General phone 204-943-9300

FREE TO SHARE

**PHILOSOPHER CAT**  
by Jason Logan

THE QUICKEST WAY OF ENDING A WAR IS TO LOVE IT.

**GEORGE ORWELL**

Philosopher cat now at  
[www.mymetrostore.ca](http://www.mymetrostore.ca)

**If this banquet ends with a crash, even those of us who never borrowed a penny will be chipping in to pay the bill.**



# 5 WAYS WE WILL REMEMBER DAVID BOWIE

As the world mourns the death of the legendary David Bowie, Metro looks at how the shape-shifting genius influenced pop culture for more than half a century METRO/THE ASSOCIATED PRESS/AFP



## 1 The Songs

Long before alter egos and wild outfits became commonplace in pop, Bowie turned the music world upside down with the release of the 1972 album, **The Rise and Fall of Ziggy Stardust and the Spiders from Mars** which introduced one of music's most famous personas.

Ziggy Stardust was a concept album that imagined a rock star from outer space trying to make his way in the music world. The persona — the redheaded, eyeliner-wearing Stardust — would become an enduring part of his legacy, and a touchstone for the way entertainers packaged themselves for years

to come. Bowie scored hit after hit over more than four decades, ranging from **Changes**, **Starman**, and **Rebel Rebel**, to **Heroes**, **Ashes to Ashes** and 1981's **Under Pressure**.

## 2 The Movies

Bowie will always be remembered for his tight-pants-wearing turn as Jarath the Goblin King in the 1986 fantasy-adventure film **Labyrinth** and as Maj. Jack "Strafer" Celliers in the BAFTA-winning Japanese prisoner-of-war film **Merry Christmas, Mr. Lawrence**.

Bowie won an acting award for his performance as Thomas Jerome Newton, an extraterrestrial, in **The Man Who Fell to Earth**, and appeared as a vampire opposite Catherine Deneuve in **The Hunger** (above). Other acting credits include **Twin Peaks: Fire Walk with Me**, **Basquiat** — where he played Andy Warhol — Pontius Pilate in Martin Scorsese's controversial **The Last Temptation of Christ** and Nikola Tesla in Christopher Nolan's thriller **The Prestige**.



David Bowie's mug shot from a 1976 pot bust. CONTRIBUTED

## 3 The Man

"My entire career, I've only really worked with the same subject matter," Bowie told The Associated Press in 2002. **"The trousers may change, but the actual words and subjects I've always chosen to write with are things to do with isolation, abandonment, fear and anxiety — all of the high points of one's life."**

During his career, Bowie famously declared himself bisexual in the 1970s. In a 1983 Rolling Stone article he called the declaration the biggest mistake he ever made, qualifying that comment to Blender magazine in 2002 to say "I don't think it was a mistake in Europe, but it was a lot tougher in America."

In the 1980s he famously and publicly challenged MTV on its refusal to play black music videos on air.



CONTRIBUTED

## 4 The Duets

You may not think of Bowie as a Christmas artist, but his 1977 duet of **Peace on Earth/Little Drummer Boy** with Bing Crosby is a perennial favourite during the holiday season thanks to annual play on MuchMusic in the 1980s and '90s and millions of YouTube views. Bowie recorded a duet for the song **Under Pressure** with Queen in 1982, and performed it live with Annie Lennox. Other notable collaborations include the legendary **Dancing in the Street** with Mick Jagger, and **Hallo Spaceboy** with Nine Inch Nails and also the **Fofo Fighters**.

## 5 The Fashion

Bowie — with his outrageous alter egos — was as renowned for his image and influence on fashion design as he was for his music.

From the much-copied lightning-flash face paint of Aladdin Sane, the oversize shoulders and white shirt collars of Thin White Duke to the trilby hat and floppy fringe of the alien he played in the movie **The Man that Fell to Earth**, Bowie for decades boldly broke boundaries in style and gender with his influential looks.

Then there was, of course, 1972's flame-orange-haired **Ziggy Stardust** — his most recognizable invention. Jean Paul Gaultier (a Ziggy-inspired design from a 2013 Gaultier collection is shown at right), Dior, Saint Laurent and Dries Van Noten and fashion-conscious actresses such as Tilda Swinton all owe Bowie a lot. Trends in recent seasons have turned the clocks back to the glam rock of the 1970s and '80s — a Bowie signature.



Creativity is subjective. **The truth isn't.**

Truth in Advertising Matters.



Advertising Standards Canada  
adstandards.com/psa



JOHANNA SCHNELLER WHAT I'M WATCHING

# Cause close to her heart — and pocketbook



Images of Winfrey working out appear while she talks about her struggles with weight loss in a new Weight Watchers commercial. YOUTUBE/SCREENSHOT

**THE SHOW:** Weight Watchers commercial  
**THE MOMENT:** Oprah's manifesto

Dressed in expensive lounge-wear and gold jewellery, Oprah Winfrey sits on plush outdoor furniture and gazes at her bestie, the camera. "Inside every overweight woman is a woman she knows she can be," she intones with enough gravitas to power two confessions, three commencement speeches and a State of the

Union address. Piano music begins to play.

"Many times you look in a mirror and you don't recognize yourself. Because you've gotten lost. Buried in the weight. That you carry." Images of Winfrey working out appear. "Nothing you've ever been through is wasted," she goes on. "So every time I tried and failed has brought me to this most powerful moment." The music swells.

First of all, I hope that Oprah never crosses to the dark side.

Because if she appeared on TV saying, "Let's take over the financial system," or "Everyone should kill her spouse," people would do it — she is that convincing.

Second, I was surprised that she was shilling so hard for Weight Watchers — I mean, yeah, weight loss is part of good general health, but she sounds like a shrink delivering a world-shaking manifesto, like she's curing cancer, ending global warming and solving our childhood issues all at once.

Then I found out that last October, she bought 10 per cent of the company, for \$43.2 million — and that the stock value has tripled since. Her shares are now worth \$148 million.

Last week, after the initial spots aired, the stock went up again. No wonder she sounds so passionate.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

GOLDEN GLOBES

## Howard reacts to Leo's acceptance speech

First Nations actor Duane Howard admits he "choked up" when The Revenant star Leonardo DiCaprio dedicated his Golden Globe trophy to indigenous communities around the world. Howard says he and his friends were watching in Vancouver when DiCaprio took the stage on Sunday to claim the best dramatic film actor award for his role in the 19th-century survival epic.

DiCaprio shared the award with "all the First Nations people represented in this film and all the indigenous communities around the world." Howard plays lead Arikara warrior Elk Dog in the drama, which was partly shot in Alberta and British Columbia and features dozens of local



Duane Howard. GETTY IMAGES

actors and crew members. He calls DiCaprio's speech "really meaningful," and says he'd like

to see more meticulous portrayals of indigenous culture come out of Hollywood.

The Revenant also earned Golden Globes for best dramatic film and for director Alejandro Inarritu. DiCaprio plays fur trapper Hugh Glass, who is left for dead after being attacked by a bear. Desperate to survive, he braves icy waters and an unforgiving wilderness in search of the hunting team that left him behind.

"It is time we recognize your history and that we protect your indigenous lands from corporate interests and people that are out there to exploit them," DiCaprio said in his acceptance speech. "It is time that we heard your voice and protected this planet for future

generations."

Howard said Monday from Vancouver that he was moved by DiCaprio's words. "That's really meaningful when a Hollywood celebrity like that reaches out to the world and acknowledges us First Nations people like that, that means something," he said. "Hollywood's got to be more open to us, as First Nations people of this land.... More and more of these films have to come out."

The Canadian cast also includes child actor Isaiah Tootoosis from the Poundmaker First Nation, who plays Hugh's son, and Grace Dove, as Hugh's wife. The film's visual effects supervisor was the B.C.-based Cameron Waldbauer. THE CANADIAN PRESS

TRANSIT TUESDAY  
Weekly Transit News Update



### WINNIPEG TRANSIT IS HIRING!

Bus operator applications are being accepted. Don't miss your opportunity to join the team of professional bus operators at Winnipeg Transit. If you're looking for a long term career opportunity that offers above average pay and superior benefits, then visit [winnipegtransit.com](http://winnipegtransit.com) for more information. Fully paid 6 week training program is provided to successful candidates. For more information, visit [Winnipegtransit.com](http://Winnipegtransit.com).

### MILLENNIUM LIBRARY SERVICE CENTRE

Winnipeg Transit's Millennium Library Customer Service Centre, located at 251 Donald St. (corner of Graham & Donald) is open Monday to Friday, from 8:30 a.m. to 4:30 p.m.

### GET INTO THE DOWNTOWN SPIRIT!

The next time you and your friends are planning lunch at your favorite downtown restaurant don't forget about the Downtown Spirit. Our free shuttle service is a great way to travel to Winnipeg's most popular downtown destinations. There are three Downtown Spirit routes to serve you, for complete route and schedule information visit [winnipegtransit.com](http://winnipegtransit.com) or call 311.

### PARK AND RIDE... AND RELAX!

Simply park your car at a Park & Ride location near you and take the bus to your destination. You'll enjoy the convenience, plus, save a few bucks in gas while you're at it. Visit [winnipegtransit.com](http://winnipegtransit.com) for more information.

### CONVENIENT DART SERVICE

Try Dart, the "Dial-A-Ride Transit" service for residents living in selected areas of South and South East Winnipeg. DART buses operate during off-peak hours only and are cell phone equipped. Call 204-287-3278 (BUS-DART) and speak directly to the bus operator to arrange pick up from your home to/from a transfer connection. Please call well in advance of your trip. All rides are scheduled on a first-come, first-served basis. Visit [winnipegtransit.com](http://winnipegtransit.com) or call 311 for more information.

### SAVE SOME GREEN WITH AN ECOPASS!

Talk to your HR rep about getting the EcoPass at your workplace. You and your fellow employees could save from 5% to 100% on transit. Visit [winnipegtransit.com](http://winnipegtransit.com) for more information.

### DID YOU LOSE OR FIND SOMETHING ON THE BUS?

Call 311 or visit our Lost Property Office at Winnipeg Transit's Downtown Service Centre located in Winnipeg Square.

## Winnipeg Transit is Hiring



APPLY TODAY AT  
[WINNIPEGTRANSIT.COM](http://WINNIPEGTRANSIT.COM)

# Playing pregnancy roulette

## HEALTH POLICY

### Canada lags behind other nations in birth control access

**Liz Brown**  
Metro | Canada



When her period comes each month, Anne Wilson\* breathes a sigh of relief. "I'm like, oh thank God," she says, laughing nervously.

The 31-year-old Toronto entrepreneur doesn't want to play roulette with pregnancy, but she's left with few options due to health issues that prevent her from using most forms of birth control.

At present, she and her partner use condoms, but, "I can tell you we're not using them perfectly 100 per cent of the time," she says.

Doctors have advised her that her only option is an IUD. Wilson's painful menstrual cramps remove the copper IUD from her list of options — it's known to exacerbate cramps in some women — leaving her with two remaining choices: hormonal IUDs Mirena and Jaydess.

But Wilson can't afford either — both cost upwards of \$300 and subsidized birth control clinics don't offer them.

"I'm just starting a business so I'm always worried about when money is coming in, and these costs add up," she says. "I wish there were more options."

Wilson isn't alone.

According to the Canadian Contraception Consensus report from the Society of Obstetricians and Gynaecologists of Canada, 15 per cent of sexually active Canadian women aren't using any form of birth control and 20 per cent are using a form of birth control inconsistently. And according to the World Health Organization, 51 per cent of pregnancies in North America were unintended in 2012 (a stat that

includes pregnancies that were not carried to term).

Low-income women are twice as likely to use no contraceptives compared to the highest earners. And one third of Canadian women will have an induced abortion at some point in their life. Simply put, Canadian women are facing enough barriers to birth control that a substantial number are risking unplanned pregnancy each month.

"When we look around the world, Canada is one of the only societies that pays for universal health care ... but doesn't provide free contraception," says Dr. Wendy Norman, chair of the Contraception Access Research Team (CART) at the University of British Columbia. "The number one barrier that we've identified for women accessing birth control is cost," she adds.

The United States, 11 countries in Europe, the U.K., Australia and New Zealand all provide a universal subsidy for contraception.

In Canada, however, affordable birth control is provided to those in need through a patchwork of sexual health clinics funded by public health authorities. While these clinics do offer affordable options such as oral contraceptives ranging from free to \$10 per month, or five-year copper IUDs for \$60, many women find it difficult to access these services due to limited drug choices, clinic hours and long wait times.

Catherine Datta, the north-east manager of the Toronto Sexual Health Clinics, calls her clinics "oversubscribed," noting in 2014, over 63,000 people visited them and sometimes experienced wait times of more than two hours.

"The hours (of subsidized birth control clinics) don't support the people who may use them the most," agrees Pam Krause, executive director of the Calgary Sexual Health Centre. According to Krause, the clinics in Calgary have hours similar to school and offices, making it difficult for teens

or single working mothers to visit them.

That leaves many women using condoms or withdrawal for birth control, two methods with the highest rates of failure — 21 per cent failure for condoms over one year of typical use, and a 22 per cent failure for withdrawal over one year of typical use, according to research from Princeton University in 2011. In contrast, less than 1 per cent of women using an IUD will become pregnant over one year.

"Because the least effective contraceptive methods cause the most pregnancies, it costs the health system much more than it would to provide a more expensive option because so fewer pregnancies result when consumers use the most effective methods (which are the most expensive)," says Norman. According to Dr. Norman, free, accessible birth control is one of the easiest ways to reduce costs on the health care system.

American research shows that the nation's publicly-funded clinics — which provide access to free or subsidized birth control — saved the U.S. \$13.6 billion in 2010, or about \$7 for every public dollar spent.

And a study from St. Louis, Mo., conducted between 2007 and 2011 involving 10,000 young women given the option of various methods of free birth control resulted in a dramatic drop in unintended pregnancy.

The annual rate of pregnancy for participants in the study was 34 per 1,000 women, compared to a U.S. national average of 57 per 1,000.

About 75 per cent of the participants opted for long-acting IUDs, where in contrast, only about 2 per cent of the general female population in the U.S. use an IUD.

"We can see as soon as a subsidy is brought in, particularly for highly effective methods like IUDs, the population shifts towards using them," says Norman.

"In Canada we don't have much research to guide us. This (contraceptive access) hasn't



ever been a core principle within public health," she adds.

In both the U.S. and U.K., extensive research has been done on contraceptive use and access in those countries. Norman is working to amass similar data through CART's projects. Her group has been conducting surveys in B.C. to get a better idea of the rates of unintended pregnancy and prevalence of contraceptive use and some of this research will be published later this year.

They are also looking at alternative ways to offer contraceptives to make access easier for women. Currently, in B.C. and Quebec, nurses can prescribe oral contraceptives and Dr. Norman says her group has consulted with the College of Pharmacists in B.C. about offering contraceptives over the counter without a prescription.

Pharmacists would require additional training and be asked to administer blood pressure checks and health background questionnaires to women wanting to access contraception.

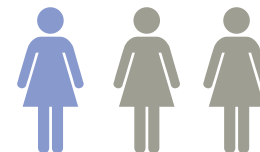
On Jan. 1, Oregon became the first state in the U.S. to allow pharmacists to prescribe oral contraceptives and the patch, and California is expected to follow suit in March.

"This would provide exceptional ability for people — especially in rural areas — to access contraception," says Dr. Norman. "These drugs are very safe."

LIZ.BROWN@METRONEWS.CA

\*Name changed at source's request.

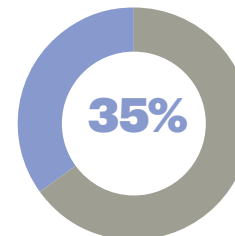
## BIRTH CONTROL BY THE NUMBERS



**One in three Canadian women will have an abortion in their lifetime**

**\$13.6B**

**The money the U.S. government saved in social and health care costs in 2010 by funding family planning programs**



**The percentage of sexually active Canadian women using no contraception, or contraception inconsistently**

SOURCE: CANADIAN CONTRACEPTION CONSENSUS REPORT 2015, THE SOCIETY OF OBSTETRICIANS AND GYNAECOLOGISTS OF CANADA

# The king of doubles

TENNIS

## Nestor the first on ATP Tour to win 1,000 2-on-2 matches

Canadian tennis star Daniel Nestor boasts one of the most impressive resumés in the sport.

Twelve-time Grand Slam champion. Olympic champion. Eighty-eight career tournament victories and, after his first-round win Monday, 1,000 career doubles victories.

Nestor has used a powerful serve, impressive return game and crafty net play to become one of the best doubles players in the game. At 43, the lanky left-hander from Toronto keeps getting results, often stepping up in big moments when a match is on the line.

"When it comes to (being) clutch, I think he raises his level," said former partner Frederic Niemeyer. "That's why he's winning those big titles over and over. When it's time to break the other

team, he gets the job done."

Nestor's latest milestone came at the Apia International Sydney event, a warmup stop ahead of the Australian Open. He teamed with Brazil's Marcelo Melo for a 6-4, 6-4 win over France's Jeremy Chardy and India's Leander Paes in men's doubles play.

“

**I think he's one of the best, if not the best volleyer of all-time.**

Frederic Niemeyer,  
former partner

With the win, Nestor became the first player in ATP Tour history to record 1,000 doubles victories over his career. Only three players — Jimmy Connors, Ivan Lendl and Roger Federer — have reached the 1,000-win milestone in singles play.

"It's really special making it to 1,000 especially having my family here with me," Nestor said. "They made the long trip

to Australia kind of for this reason. A special moment like this, it's really important to share it with others, the people that have been with me through thick and thin and through most of the victories."

Hampered by injuries at times early in his career when he played more singles matches, Nestor blossomed when he focused on the four-man game. Niemeyer said that Nestor's long reach allows him to cut the ball off and prevent opponents from finding open space.

"He takes up literally, sometimes, three-quarters of the court," Niemeyer said. "So that's why he can fit with any game style ... he can adapt his style with his partner. You can't say that with many players."

Nearly half of Nestor's doubles victories came with Mark Knowles (464 wins, 40 titles). He also enjoyed successful runs with Nenad Zimonjic (227 wins, 27 titles), Max Mirnyi (90 wins, eight titles) and Canada's Sebastien Lareau (60 wins, five titles).

One of Nestor's biggest wins came with Lareau at the 2000 Sydney Games when they upset Australian favourites Todd Woodbridge and Mark Woodforde to win gold.

"The gold medal, for sure, was probably the initial highlight, winning here in Sydney in 2000 against the Woodies and their hometown crowd," Nestor said.

Daniel Nestor  
GETTY IMAGES FILE



AHL

## Monsters mangle Moose

It's official: Michael Chaput is a Moose killer.

Chaput notched a goal and a pair of helpers as his Lake Erie Monsters dominated the Manitoba Moose 7-3 Monday night in front of 5,581 at MTS Centre.

Entering Monday with seven goals on the season, the 23-year-old Chaput now has five markers and three assists in five meetings with Manitoba — all resulting in Lake Erie victories.

Moose netminder Eric Comrie — arguably the busiest goaltender in the league — was mercifully yanked after allowing five goals on 26 shots early in the third.

The 10-20-1-3 Moose suffered their third-straight loss and now sit 19 points out of a playoff spot with the second-worst record in the American Hockey League.

Midway through the third period, the Moose bookended three goals in a fervent 40-second span. Recently re-assigned Winnipeg Jet Paul Postma's wrister found its way through traffic on the power play, quickly followed by Lake Erie's Joe Devin 29 seconds later. Manitoba's Jiri Fronk then notched his third professional goal in just his 12th game this season.

Manitoba has a chance for some redemption on Wednesday when they host the Monsters again.

DARRIN BAUMING/FOR METRO

## + SMASHING NUMBERS

**22** — Nestor has won at least one men's doubles title per year for 22 straight years.

**.708** — His doubles winning percentage (1,000-412).

**108** — The number of weeks he's been ranked No. 1, which is fifth all-time.

**12** — The number of Grand Slam titles he has won — eight in men's doubles, four in mixed play.

**12** — Players who have won the career Golden Slam of all four majors and Olympic gold, Nestor being one of them.



RED RIVER COLLEGE

# Open House

THE DIFFERENCE IS HERE

Tuesday, Feb. 16, 2016

11am - 2pm | 5pm - 8pm

Wednesday, Feb. 17, 2016

9am - 2pm

Notre Dame Campus | Exchange District Campus  
Stevenson Campus

[rrc.ca/openhouse](http://rrc.ca/openhouse)

# Identifying with Walsh's pain

NFL

## Paul McCallum also missed a vital field goal, felt fans' rage

Paul McCallum knows all about what it's like being the face of a team's playoff failure.

In 2004, he missed two field goals — including a chance to win in overtime — in the Saskatchewan Roughriders' 27-25 West Division final loss to the B.C. Lions. The 23-year CFL veteran kicker was the target of numerous threats from angry fans while his home was pelted with eggs and manure dumped on his lawn.

So McCallum can certainly relate to Minnesota kicker Blair Walsh, whose missed 27-yard field goal with 22 seconds remaining handed the Seattle Seahawks a stunning 10-9 NFC wild-card road Sunday. Predictably, irate Vikings fans flocked to social media afterwards wishing Walsh would die or predicting his impending death.

"It's not that people need to blame someone, it's that they



Vikings kicker Blair Walsh missed the game-winning field goal against the Seahawks on Sunday. NAM Y. HUH/THE ASSOCIATED PRESS

have to and it's ridiculous," McCallum said Monday via telephone from Vancouver. "We get paid to kick a ball between two posts, let's put that into perspective.

"You want to yell and scream at the game? Go ahead. But now you take it outside and go to



Paul McCallum  
GETTY IMAGES

the extent of sending (death wishes)? Now those things need to be taken just as seriously as if it was someone in an office making (those wishes)."

Walsh made an NFL-high 34 field goals this season and connected three times — including from 47 yards out — against Seattle. But he hooked his final attempt, made into the wind in -32 C conditions with the laces turned in on the hold.

"It looked like all he was trying to do was get it up because he changed his form a little bit," McCallum said. "He was trying to compensate a little bit and pulled it."

McCallum, 46, downplayed the roles the laces, weather or pressure of the moment had on Walsh missing.

"Everyone saw he kicked the 47-yarder with the laces and it was good, he hit it fine," McCal-



**It's not that people need to blame someone, it's that they have to and it's ridiculous.**

Paul McCallum

lum said. "The pressure, that's just the job, it doesn't matter.

Walsh's miss took attention away from Minnesota's struggling offence. Not only did the unit fail to score a touchdown, NFL rushing leader Adrian Peterson managed just 45 yards rushing on 23 carries. His second-half fumble also allowed Seattle to kick a field goal for the 10-9 lead.

But that was of little solace to some Vikings fans, who posted videos on Twitter of individuals successfully kicking 27-yard field goals in snowy, cold conditions.

McCallum said it's important Walsh have both a thick skin and short memory.

"He's a very good kicker," McCallum said. "Don't let one mistake define your career."

THE CANADIAN PRESS

## CFL IN BRIEF

### Saskatchewan acquires Redblacks receiver Price

The Saskatchewan Roughriders have acquired international receiver Maurice Price from the Ottawa Redblacks for their sixth- and seventh-round picks in the 2016 CFL draft.

Saskatchewan also gets Ottawa's sixth-round pick in the deal. Price started all 18 games last year as part of Ottawa's dangerous offence, contributing 58 catches for 603 yards and a touchdown. The Roughriders also signed defensive back Derrius Brooks.

THE CANADIAN PRESS

### Kicker Whyte extends deal with champions Edmonton

The Edmonton Eskimos signed Canadian kicker Sean Whyte to a one-year contract Monday.

The B.C. native hit on one-of-three field goals and added a convert in the Eskimos' 26-20 Grey Cup win over the Ottawa Redblacks. Whyte, entering his eighth CFL season, has made 211-of-251 career field goal tries (84.1 per cent) and 217-of-218 converts.

THE CANADIAN PRESS

Creativity is subjective.  
**The truth isn't.**

**Truth in Advertising Matters.**

ASC

Advertising Standards Canada  
adstandards.com/psa

The Pensive Blizzard  
\$14,000,000

## RECIPE Kale Pesto Pizza



PHOTO: MAYA VISHNIEV

**Ceri Marsh & Laura Keogh**  
For Metro Canada

You've got leftover kale from yesterday's dinner, right? Can you think of anything better to do with it than pizza? We can't either!

**Ready in**

Prep time: 30 minutes

**Serves 4****Ingredients**

- 3/4 bunch kale, cleaned and tough stems removed
- 1/4 cup of chopped onion
- 2 cloves garlic, chopped
- 1 1/4 Tbsp extra virgin olive oil
- 1 package frozen whole wheat pizza dough
- 1/4 cup corn meal
- 1/2 cup ricotta cheese
- 1/2 cup fresh, shaved Parmesan cheese
- 2 Tbsp all-purpose flour
- drizzle of extra virgin olive oil

**Directions**

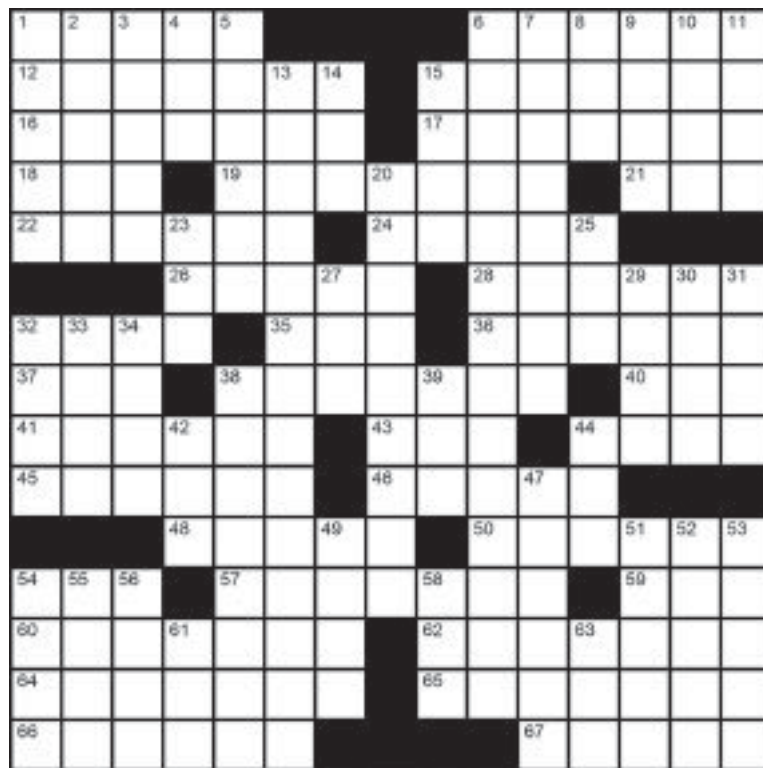
1. Preheat oven to 425 F.
2. In a large pan, heat oil over medium heat. Add garlic and onion and sauté until translucent, about 3 minutes. Add kale and stir. Cover and allow kale to wilt, about 6 to 8 minutes. Place everything in a food processor. Pulse until it becomes the texture of a fine pesto. Set aside.
3. Place the cornmeal on a flat surface and flour your rolling pin. Roll out the dough until it's about an inch thick. Place on a baking sheet or pizza stone. Brush oil onto dough. Spread the kale pesto evenly across the surface of the dough. Using a table-spoon, place dollops of ricotta randomly on the pie. Sprinkle with Parmesan cheese.
4. Place pizza stone or baking sheet in the oven. Cook for 10 to 12 minutes, or until crust is crispy and cheese is bubbling.

FOR MORE MEAL IDEAS, VISIT  
SWEETPOTATOCHRONICLES.COM

## CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

**ACROSS**

1. Skincare formula
6. Trumpet sound effect, when doubled
12. In proportion: 2 wds.
15. Aria performer
16. Sixth sense
17. Arno \_\_, Canadian author of The Oil Man and the Sea: Navigating the Northern Gateway
18. "Why'd You \_\_" by Colin James
19. Chair the conference call
21. Rested in the recliner
22. Subway station on the Sheppard Line in Toronto
24. Rand McNally publication
26. Is rife with
28. Shoot for the stars
32. Desert's climate
35. MS-\_\_
36. Drew close
37. Canadian actor Mr. Carrou
38. French for 'ducks'
40. 'Human' suffix
41. Deceive
43. Fashionable dresser
44. Mr. Warhol
45. Delivers an off-the-cuff speech
46. Props for clarinets
48. Religious doctrine
50. Brought up
54. Movie studio area



57. Mr. Glover of movies
59. Corn unit
60. Momentous
62. Captive held for ransom
64. Cassava pudding

65. Preferably
66. Everett \_\_ of "Citizen Kane" (1941)
67. Country singer LeAnn

**DOWN**

1. Tumble
2. Mr. Coombs of

- "Mr. Dressup"
3. Romantic flowers
4. Mr. Geller
5. Chattering bird
6. Prehistoric time in Canada noted for the emergence of pottery: 2 wds.

7. Placates
8. Charlemagne's li'l domain
9. WWII-era service-women
10. "Diana" singer Paul
11. Country singer Mr. Axton

13. "Painkiller" and "I Am Machine" are hits off this Canadian hard rock band's current album 'Human': 3 wds.
14. 'Deterior' suffix
15. Showbiz routine
20. Tree known for its aromatic bark/roots
23. Company name abbr.
25. Locale of leisure
27. Work week starter [abbr.]
29. It's pumped at gyms
30. Actress Tara
31. Guitarist Duane
32. Dawn love song
33. Marsh plant
34. IOC part [abbr.]
38. Gemstone that is polished but not faceted
39. \_\_ v. Wade
42. Empty
44. \_\_ matter of fact...
47. More crowded/thick
49. Ms. Kunis
51. Kingdom
52. Bird of Jove
53. Squirrel nests
54. Net balls
55. Iridescent gem
56. \_\_ Gigio (Mouse puppet of classic TV)
58. Greek alphabet's 21st letter
61. Spy org.
63. Skater Ms. Babilonia

## ★ IT'S ALL IN THE STARS by Sally Brompton

♈ **Aries** March 21 - April 20  
Cosmic activity in the area of your chart that rules your vocation is urging you to aim higher. Don't let the critics and cynics hold you back by undermining your confidence.

♉ **Taurus** April 21 - May 21  
You seem reluctant to voice your opinion, even though you have something of value to say. Overcome your doubts and express yourself in a way that everyone can understand.

♊ **Gemini** May 22 - June 21  
It may seem as if someone you work or do business with has been cheating you but the planets warn you can't trust your senses, so don't say or do anything, at least not until you can see things a little more clearly.

♊ **Cancer** June 22 - July 23  
You won't have trouble persuading others to back your ideas but you may have some trouble later on if they don't work out as expected. Don't make promises you can't keep.

♊ **Leo** July 24 - Aug. 23  
A habit is holding you back and you're desperate to get rid of it. But in getting rid of one bad habit you could so easily replace it with another that is ten times worse.

♊ **Virgo** Aug. 24 - Sept. 23  
It may be fun pointing out the inadequacies of people in positions of authority but be careful. The last thing you need is to create enemies of those who have the power to make things difficult for you.

♊ **Libra** Sept. 24 - Oct. 23  
Don't take what you're told at face value today — check the facts for yourself. What others say may sound convincing but you're only being told part of the story.

♊ **Scorpio** Oct. 24 - Nov. 22  
You may be resentful that changes are being imposed but there is no point making a fuss about it. Go with the flow. You will get the chance to change things back again later on.

♊ **Sagittarius** Nov. 23 - Dec. 21  
Resist the temptation to embellish facts or deceive people today. It may seem like the easy thing to do but in the long-term you are sure to regret it. You have a well-deserved reputation for honesty — don't lose it.

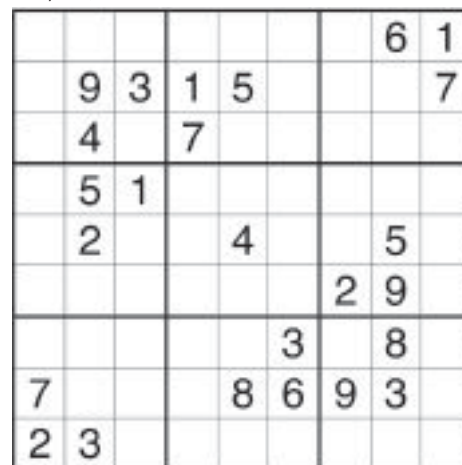
♊ **Capricorn** Dec. 22 - Jan. 20  
You may be inclined to rely on your intuition today but the planets warn against it. Stick to the facts and, where relationships are concerned, err on the side of caution.

♊ **Aquarius** Jan. 21 - Feb. 19  
Reel in your fears. Take your mind off your worries by focusing on the things you have to be thankful for. By the time you get through them the day will be over — and tomorrow will be more to your liking.

♊ **Pisces** Feb. 20 - March 20  
Don't take friends for granted. Those who think highly of you will help out, but if they find out you've been playing mind games they won't be happy.

## CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



©2013 Conceptis Puzzles, Inc. By King Features Syndicate, Inc.

**Tell us  
how you  
really  
feel.**Join our online reader panel and  
help make your Metro even better.  
[metronews.ca/panel](http://metronews.ca/panel)

**Hip or Knee Replacement?**

The Disability Tax Credit allows for a  
**\$2,500 Yearly Tax Credit**  
**\$20,000 Lump Sum Refund (on avg)**

Copd, arthritis, and many other disabling  
conditions that cause **Restrictions in**  
**Walking or Dressing** may qualify.

For Expert Help: **204-453-5372**

**YESTERDAY'S  
ANSWERS**Your daily crossword  
and Sudoku answers  
from the play page.for more fun and  
games go to  
[metronews.ca/games](http://metronews.ca/games)

# Open House

**Tuesday, February 16, 2016**

**11am - 2pm | 5pm - 8pm**

**Wednesday, February 17, 2016**

**9am - 2pm**

## Explore Your Options

Meet with faculty and students, explore labs and work spaces, and learn more about all that Red River College has to offer!

- Innovative programming
- Experienced, industry-trained instructors
- Flexible delivery options (in-class or online)
- Hands-on learning opportunities
- Over 200 full- and part-time degree, diploma and certificate options

**Notre Dame Campus | Exchange District Campus | Stevenson Campus**

**[rrc.ca/openhouse](http://rrc.ca/openhouse)**